Lotus House is more than shelter from the storm

Trauma in families and children has a definite cost that can be life long. Research shows that trauma negatively impacts memory, concentration and learning in children, especially those at greatest risk in our communities. Unresolved trauma can cause depression, anxiety, aggression, withdrawal or self-destructive, even suicidal, behaviors in our young ones. Studies indicate that homeless children:

- Are at least twice the rate of other children
- Go hungry twice as often as non-homeless children
- Experience twice the rate of learning disabilities and are twice as likely to repeat a grade
- View three times the rate of emotional and behavioral problems of non-homeless children

Most homeless mothers have a history of trauma themselves, often dating back to their childhoods. Homelessness itself is another layer of trauma for mothers and children, and yet, there is hope.

The latest research indicates that it is possible to break the cycle of childhood abuse, domestic violence and homelessness with life changing support, tools, education and resources that heal broken bodies, minds and spirits. Mothers provided with evidence-based trauma focused therapy and strong supportive parenting skills can positively impact everything from their children’s choices of high school graduation to their success in the work force as adults.

Lotus House is committed to providing child and family centered services that promote trauma resolution in both children and mothers. Family based from evidence based and informed child therapy, acrylic child/parent therapy and parenting education to build the foundation for a safe, secure and better way of life. With access to health care, counseling, social services, job training, and wide ranging tools, resources and enrichment activities at Lotus House for up to a year, women and children have the time and support needed to truly heal, reclaim their lives and blossom into who they are meant to be.

Our Impact

With your support, Lotus House uplifts homeless women, youth and children by providing:

- 68,000+ Number of Nourishing Meals Served Annually
- 40,000+ Number of Shelter Bed Nights Annually
- 110+ Number of Women and Children Sheltered Nightly
- 4,500+ Number of Counseling Sessions Offered Annually

How Your Dollars Make A Difference

Your support provides these very special women and their tools they need to break the cycle of homelessness and assist them in becoming who they were truly meant to be. At the same time, our community blossoms with their beauty and the hope for a better future.

- $550 provides a convertible crib/valdiar bed, mattress and cuddly linen, stroller, diaper bag and baby supplies to welcome a Lotus House newborn
- $1,250 helps cover the cost of shelter, meals, counseling, job readiness training, social services support, and educational and enrichment activities for a woman sheltered at Lotus House for an entire month
- $2,500 helps fund our job readiness training programs, including costs for books, computers, supplies, vocational training, licenses and certifications, and a full time employment coach to provide individual assistance to women on the work path
- $5,000 provides 100 counseling sessions to assist women who need to heal from childhood abuse, domestic violence and other trauma and build the foundation for safe, secure lives
- $10,000 provides nurturing parenting education, parent/child therapy, child therapy and infant mental health screenings for our mothers, the midwives and their infants and toddlers for a month
- $17,000 provides shelter, meals, school uniforms and supplies needed to make it possible for a homeless youth to successfully secure her high school diploma
- $25,000 funds the shelter beds for a family (room together with crib/beds for accompanying children), meals, access to medical and mental health care, counseling, parent/child therapy, job training, social services and comprehensive support services for an entire year at Lotus House

Become a Founder

In 2007, Lotus Endowment Fund, Inc. was formed to secure the financial stability and long-term stability of the Sundati Foundation, so that Lotus House will serve as a resource for women and children in need for generations to come. Become a founder of Lotus House and make your legacy last longer than one year give needs and legacy gifts by contacting Julie Petricone at 305.632.0034 or Constance Culver at 305.613.1579.

Lotus House Thrift

Lotus House Thrift Chico Boutique is an essential partner with Lotus House in assisting homeless women and children with special needs to build a safe, secure future in these very important ways:

- Donated clothing and shoes ensure that women and children receive basic clothing, in addition to interview outfits and work attire
- Donated household goods and furnishings are used to help women and children outfit their new homes as they transition from Lotus House, and
- Lotus House Thrift houses all of our Employment Programs, serving as a real world, working classroom for women on the work path. The proceeds of what we sell help to pay our interns, providing work experience, references and a “next egg” for their move from Lotus House.

You can help achieve these very important goals with your tax-deductible donations. We appreciate your support!

Lotus House Thrift
2040 NW 7th Avenue, Miami, Florida 33127
305.576.4112

SUNDAI FOUNDATION, INC.
CONSOLIDATED AUDITED FINANCIAL STATEMENTS 2011 FISCAL YEAR EXPENSES
The 2011 annual budget for Lotus House is approximately $13.7 million, allowing us to serve over 250 women, youth and children each year.

Our Vision
Every homeless woman, youth and child will have the opportunity to heal, learn and grow, build the foundation for a brighter future, and blossom into who they are truly meant to be.