

Our Vision Every homeless woman, youth and child will have the opportunity to heal, learn and grow, build the foundation for a brighter future, and blossom into who they are truly meant to be.

NEWS FROM THE LOTUS HOUSE

Lotus House is more than shelter from the storm

Trauma in families and children has a definite cost that can be life long. Research shows that trauma negatively impacts memory, concentration and learning in children, especially those at greatest risk in our communities. Unresolved trauma can cause depression, anxiety, aggression, withdrawal or self-destructive, even suicidal, behaviors in our young ones. Studies indicate that homeless children:

- Are sick at twice the rate of other children
- Go hungry twice as often as non-homeless children
- Experience twice the rate of learning disabilities and are twice as likely to repeat a grade
- Have three times the rate of emotional and behavioral problems of non-homeless children

Most homeless mothers have a history of trauma themselves, often dating back to their childhoods. Homelessness itself is another layer of trauma for mothers and children, and yet, there is hope. The latest research indicates that it is possible to break the cycle of childhood abuse, domestic violence and homelessness with life changing support, tools, education and resources that heal broken

bodies, minds and spirits. Mothers provided with evidence based, trauma focused therapy and strong supportive parenting skills can positively impact everything from their child's chances of high school graduation to their success in the work force as adults.

Lotus House is committed to providing child and family centered services that promote trauma resolution in both children and mothers. Families benefit from evidence based and informed child therapy, dyadic child/parent therapy and parenting education to build the foundation for a safe, secure and better way of life. With access to health care, counseling, social services, job training, and wide ranging tools, resources and enrichment activities at Lotus House free for up to a year, women and children have the time and support needed to truly heal, reclaim their lives and blossom into who they are meant to be.

Lotus House THRIFT chic boutique

Lotus House Thrift Chic Boutique is an essential partner with Lotus House in assisting homeless women and children with special needs to build a safe, secure future in three very important ways:

- donated clothing and shoes ensure that women and children receive basic clothing, in addition to interview outfits and work attire
- donated household goods and furnishings are used to help women and children outfit their new homes as they transition from Lotus House, and
- Lotus House Thrift houses all of our Employment Programs, serving as a real world, working classroom

for women on the work path. The proceeds of what we sell help to pay our interns, providing work experience, references and a "nest egg" for their move from Lotus House.

You can help achieve these very important goals with your tax-deductible donations. We appreciate your support!

Lotus House Thrift
2040 NW 7th Avenue, Miami, Florida 33127
305.576.4112



Our Impact With your support, Lotus House uplifts homeless women, youth and children by providing sanctuary, support, education and resources to empower them to improve the quality of their lives on every level, achieve greater self sufficiency, and build safe, secure lives as they transition to new homes.

68,000+
Number of Nourishing Meals Served Annually

40,000+
Number of Shelter Bed Nights Annually

110+
Number of Women and Children Sheltered Nightly

4,500+
Number of Counseling Sessions Offered Annually

275+
Number of Women and Children Served Annually

90 and counting!
Newborns who will call Lotus House their First Home

1,000+
Number of Health Care Appointments and Referrals Annually

900+
Women and Children Served to Date

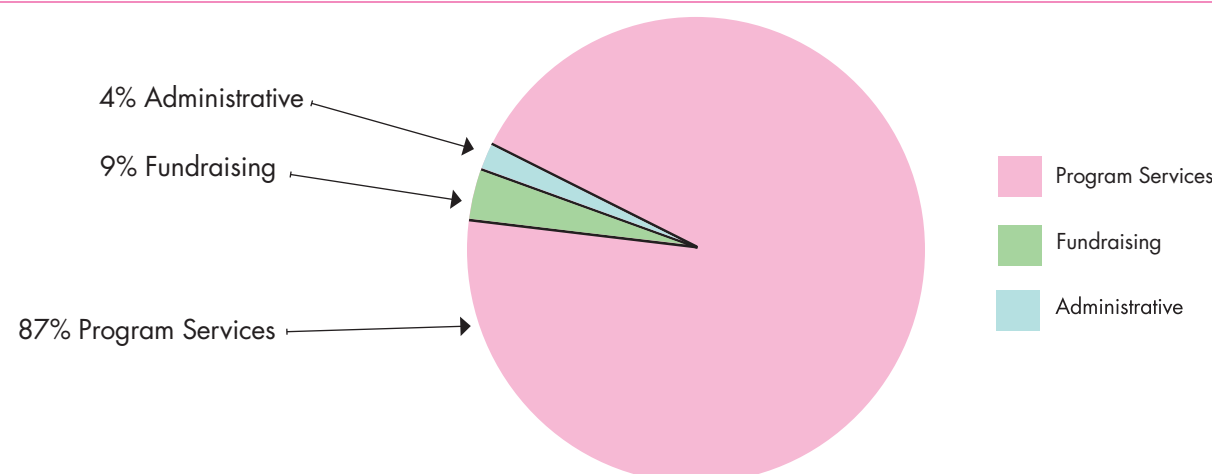
How Your Dollars Make A Difference

Your support provides these very special women with the tools they need to break the cycle of homelessness and assist them in becoming who they were truly meant to be. At the same time, our community blossoms with their beauty and the hope for a better future.



- \$550 provides a convertible crib/toddler bed, mattress and cuddly linens, stroller, diaper bag and baby supplies to welcome a Lotus House newborn
- \$1,250 helps cover the cost of shelter, meals, counseling, job readiness training, social services support, and educational and enrichment activities for a woman sheltered at Lotus House for an entire month
- \$2,500 helps fund our job readiness training programs, including costs for books, computers, supplies, vocational training, licenses and certifications, and a full time employment coach to provide individual assistance to women on the work path
- \$5,000 provides 100 counseling sessions to assist women who need to heal from childhood abuse, domestic violence and other traumas and build the foundation for safe, secure lives
- \$10,000 provides nurturing parenting education, parent/child therapy, child therapy and infant mental health screenings for our mothers, mothers-to-be and their infants and toddlers for a month
- \$17,000 provides shelter, meals, school uniforms and supplies needed to make it possible for a homeless youth to successfully secure her high school diploma
- \$25,000 funds the shelter beds for a family (mom together with cribs/beds for accompanying children), meals, access to medical and mental health care, counseling, parent/child therapy, job training, social services and comprehensive support services for an entire year at Lotus House

Your donations are life changing. Thank you!



SUNDARI FOUNDATION, INC.
CONSOLIDATED AUDITED FINANCIAL STATEMENTS 2011 FISCAL YEAR EXPENSES
The 2013 annual budget for Lotus House is approximately \$1.65 Million, allowing us to serve over 300 women, youth and children each year.

Youth Program Imagine you are 17 or 18 years old and alone, homeless, desperate to finish high school, with no family support and no where else to turn. Our homeless high school youth know all too well. Still they are full of youthful hopes and dreams of a better future, perhaps college, the service or employment and a career. Our newest building scheduled to open this fall will provide a special home



for up to 14 of these very special young women who are struggling against the odds. So that we are able to better support their success, each apartment will include desks and computers, in addition to all the basics. Students will room together in a dorm-like shared living environment, and Lotus House will provide meals, counseling, tutoring, school supplies, school uniforms and shoes, and transportation assistance, as well as help with caps and gowns, prom dresses and graduation festivities. Your support gives these amazing, courageous young women the chance to realize their potential for a brighter future.

Become a Founder

In 2007, Lotus Endowment Fund, Inc. was formed to secure the financial stability and long-term viability of the Sundari Foundation, so that Lotus House will serve as a resource for women and children in need for generations to come. Become a founder of Lotus House and make life your legacy. Learn more about our giving levels and legacy gifts by contacting Julie Petricone at 305.632.0033 or Constance Collins at 305.613.1573.

OUR FOUNDERS:

Legacy Founder \$1,000,000 and up

Braman Family Foundation

Martin Z. Margulies

The Universe

Grand Founder \$500,000 - \$999,999

Beth and Jay Lotspeich

Sustaining Founder \$150,000 - 499,999

Vivian and Rafael Morera

Julie and Chris Petricone

Founder \$50,000 - \$149,999

Bank of America Charitable Foundation, Inc.

Audre Carlin

Kathryn and David Villano

Angela Whitman

Faith Xenos

Thank you for making all that we do possible!



Donations to the Sundari Foundation, Inc. and Lotus Endowment Fund, Inc. are deductible to the full extent allowable under IRC sections 501c3. (Foundation tax id #81-0652266; Endowment tax id #92-0233563). A copy of the official registration and financial information (Foundation id #CH17660; Endowment id #CH26128) filed with the State of Florida may be obtained from the Division of Consumer Services by calling toll free 800-436-7352 within the state. Registration does not imply endorsement, approval or recommendation by the state.

