

Our Vision Every person experiencing homelessness will have the opportunity to heal, learn and grow, build the foundation for a brighter future, and blossom into who they are truly meant to be.

# NEWS FROM THE LOTUS HOUSE



## **Empowering Women To Break the Cycle**





Job Fair in Micky and Madeleine Arison Family Foundation Pavilion

Violence is a leading cause of homelessness for women, and normative in the lives of women experiencing homelessness. All too often, impoverished women and their children are forced to remain in abusive relationships because they lack safe emergency shelter with supportive services, tools and resources to heal, reclaim their lives and build the foundation for a safer, brighter future. Over 95% of the women sheltered at Lotus House report histories of violence, many starting with victimization as children, and research shows that, without appropriate interventions and supports, the effects of violence are both life long and intergenerational.

Safe, supportive shelter addressing the gender specific needs of women with enriched therapeutic supports are essential to ending the cycle of violence and empowering women to begin again. Distinguished by its holistic approach, Lotus House offers intensive child and family therapies, attention to physical, medical, dental, and mental health needs, counseling, and healing arts, such as yoga, Reiki, sound baths, massage, and visual arts and activities, all designed to heal and give voice to those who have survived by being invisible. Equally important, women are provided empowering pathways to achieving greater financial self sufficiency, with educational and vocational programs, from high school equivalency classes and financial literacy to job readiness training, resume preparation, and individual employment assistance.

Holistic healing and empowerment are deeply intertwined in the David and Leila Centner Culinary Center, the new state of the art, working classroom kitchen in Lotus Village, which serves over 1,000 nourishing meals each day, lovingly prepared by the culinary team and students. A center for learning, shared community and empowerment on every level, the Culinary Center offers basic life skills and cooking classes, safe food handler certifications, job training and internships to prepare women and youth to succeed in life and the work world. With the help of community partners like Hungry Harvest, Zak the Baker, Goya, Sazon Goya, Hammock Greens and many more, and thanks to David and Leila Centner, the Culinary Center will nourish and uplift bodies, minds and spirits for generations to come with fresh, tasty and healthful meals containing all the ingredients necessary for children and families to heal, grow, thrive and blossom into who they are truly meant to be.







Our Impact With your support, Lotus House provides trauma-informed, holistic sanctuary, support, education, tools and resources to empower women and children experiencing homelessness to improve the quality of their lives on every level, achieve greater self sufficiency, and build the foundation for a brighter future.

2,000+ women sheltered and counting

1,500+ children sheltered and counting

180+ newborns will some day call Lotus House their first home and counting!

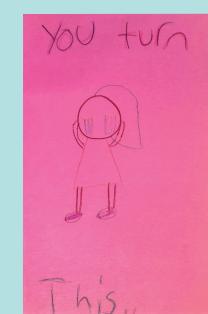


#### **Dear Lotus House**

I thank the Lotus House for giving me lots of trust, unity and serenity, for helping me to be a complete person again..." Lotus House Alumna

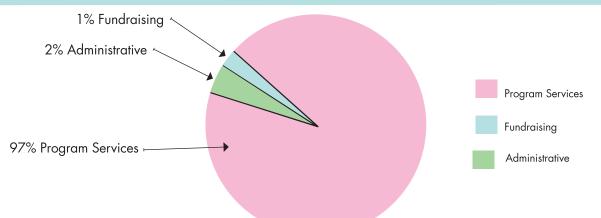
"My experience at Lotus House was great....I am leaving here standing on my own two feet and a roof over my nead that I can call my own home. Thank you" Lotus House Alumna

"Dear Lotus Village and Staff, Thank you for all your kind favor. May you always be blessed beyond measure."





Thank You Letter, Lotus House Child



SUNDARI FOUNDATION, INC.

CONSOLIDATED AUDITED FINANCIAL STATEMENTS 2017 FISCAL YEAR EXPENSES The 2019 annual budget for Lotus House is approximately \$9 Million, allowing us to serve over 1,500 women, youth and children each year.

Your donations save lives. Thank you! www.lotushouse.org / love@lotushouse.org / 305-438-0556 Follow us on facebook for the latest news at "lotushouseshelter"

Donations to Sundari Foundation, Inc. dba Lotus House are deductible to the full extent allowable under IRC 501c3 (tax id#81-0652266). A copy of the official registration and financial information (Foundation #CH17660) filed with the State of Florida may be obtained from the Division of Consumer Services by calling toll free 800-436-7352 within the state. Registration does not imply endorsement, approval or recommendation by the state.

### **A Child-Centered Service Framework** For the Future





Domestic violence and homeless shelter systems have historically evolved around the needs of adults, both physically and programmatically. With an estimated 2.5 million homeless children in the United States and 100 millión homeless children worldwide, new models for shelters with deep protective factors for children and families are needed. Thanks to the generosity of our Lotus Endowment Fund Founders and in collaboration with many community partners, volunteers and supporters, Lotus Village was developed as a new child and family centered model for shelters, a trauma-informed prototype for the future that puts children first. Sheltering up to 500 nightly, it is one of the largest shelters exclusively serving women and children in the United States, with comprehensive supportive services for women and deep protective factors for children and youth designed to transform the trauma of homelessness into a window of opportunity.

Offering a unique platform for innovation, showcasing best practices and service driven research, Lotus Village is able to provide specialized programming tailored to children and youth of all ages, including: evidence based individual assessments of their social and emotional wellbeing, cognitive development and trauma histories; intensive child and family therapies designed to rebuild bonds of attachment so often broken by violence and trauma; individual maternal counseling; and group parenting classes. In our universally accessible facilities, care is taken to ensure children and families are welcomed, supported, nurtured and uplifted throughout their stay, from our trauma-informed intake sanctuary, children's playroom, and play spaces with pint-sized furnishings in every community room to residential units outfitted with changing tables. cribs and nesting toddler beds.

Pre-natal and pediatric care, well baby checks and dental services are provided on-site for children and families by Jessie Trice Community Health Systems in the Lotus Village health clinic. The Village also includes the Micky and Madeleine Arison Family Foundation Children's Wellness Center, a model childcare center with 6 classrooms for infants and toddlers operated by United Way Center for Excellence in Early Education, along side therapeutic services in the Carnival Foundation Play Therapy Rooms provided by the Lotus House clinical team. Thanks to many community volunteers, the enriched resources and educational supports at Lotus House include on-site after school programming, kids' yoga, healing arts and activities, a myriad of fun-filled field trips, and community-wide, tender loving care from birthdays to holidays throughout the year.

For children and families experiencing homelessness, whether due to violence, medical or mental health issues, disabilities, economic issues or other special needs, Lotus Village offers a multi-faceted, child centered framework for enriched supportive services, best practices and deep protective factors vital to transforming what would otherwise be yet another layer of trauma in the young lives of sheltered children and their mothers into a window of opportunity to heal, strengthen, and thrive. Your support makes this important work possible and is a life changing investment in our future. Thank you!

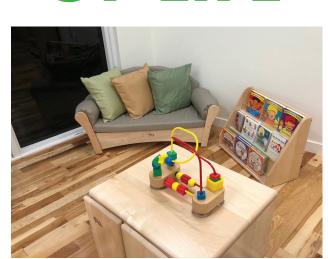


We love you! Thank you!



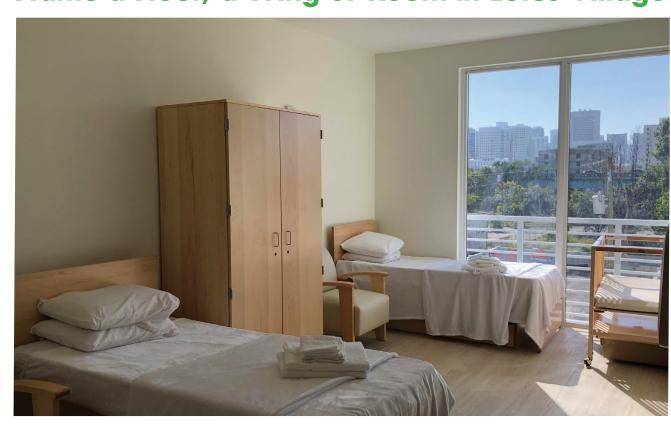


## A GIFT OF LIFE





### Name a Floor, a Wing or Room in Lotus Village



# LOTUS ENDOWMENT FUND, INC. Make Life, Make Love, Your Legacy

In 2007, a year after the opening of Lotus House, Lotus Endowment Fund, Inc., a tax exempt charitable foundation, was organized to support Lotus House and other initiatives of the Sundari Foundation, Inc. to prevent and end homelessness. We share the vision of Lotus House that every woman, youth and child experiencing homelessness will have the opportunity to heal, learn and grow, build the foundation for a brighter future, and blossom into who they are truly meant to be.

We support the important mission of Lotus House to improve the lives of women, youth and children by providing sanctuary, support, education, tools and resources that empower them to improve the quality of their lives on every level, achieve greater self sufficiency, and build safe, secure lives. In their dreams come true, we enrich our community with the fruit of their potential realized. We advocate on behalf of women, youth and children experiencing homelessness to raise awareness of their special needs; inspire innovative, holistic solutions that truly break the cycle of abuse, domestic violence and homelessness; and advance research and enlightened social policies for greater understanding, social inclusion and resources for women, youth and children in need.

In supporting the vision and mission of Lotus House, Lotus Endowment Fund helps to assure the financial stability and long term viability of Sundari Foundation, Inc., so that Lotus House can continue and expand its life changing work on behalf of women, youth and children experiencing homelessness. Through its subsidiary, Lotus Village Development, LLC, Lotus Endowment Fund sponsored the development of Lotus Village, the new home of Lotus House, the Micky and Madeleine Arison Family Foundation Children's Wellness Center, the David and Leila Centner Culinary Center, the Lotspeich Family Education Center, Vivian Morera Healing Hands Salon and neighborhood health clinic by Jessie Trice Community Health Systems. The facilities are provided to Lotus House via long term lease in combination with structured tax credit financing.

Thanks to the generosity of our Founders and legacy donors, Lotus Village is a prototype for the future, based on principles of community, collaboration and putting children first. With your help, Lotus Village will be a resource for generations to come changing and uplifting the lives of thousands of women, youth and children in need. Please make love your legacy with a gift to Lotus Endowment Fund, Inc. Please include Lotus Endowment in your will and estate planning, consider a gift of appreciated stock and/or make a high impact single or multi-year pledge to become a founding sponsor.



### **Become a Founder**

Becoming a Founder is as simple as making a pledge of \$50,000 or more over a period of up to five years, or arranging a legacy gift of at least equal amount. Whether you choose to name a room or an entire floor, your gift of love will have an indelible impact on the lives of impoverished women, youth and children. Naming opportunities in Lotus Village vary with the nature of planned gifts. Specific programs and positions may also be endowed. With wrap around support services like counseling, education, key life skills, job readiness training, medical and mental health care, healing arts and activities to reclaim lives and build the foundation for brighter futures, you can support specific programs or life saving shelter operations. We can help you tailor your gift to achieve your philanthropic goals.

By making a gift to Lotus Endowment Fund, Inc., you help to assure that Lotus Village will be a resource for women, youth and children in need for generations to come. Your pledge or legacy gift is truly life saving for the most needy and fragile among us, helping to provide a sanctuary with wrap around support services like counseling, education, key life skills, job readiness training, medical and mental health care, healing arts and activities to reclaim lives and build the foundation for brighter futures. A gift to Lotus Endowment is a gift of love, a gift of life, helping to prevent and end homelessness.

For more information on how to make a pledge or legacy gift to Lotus Endowment Fund, please contact: Constance Collins, info@lotusendowment.org. We are here to help you make a gift of life, a gift of love, for generations to come.

#### www.lotusendowment.org

Lotus Endowment Fund, Inc., is a 501c3 supporting foundation, benefiting Lotus House and other initiatives of the Sundari Foundation, Inc. Donations to Lotus Endowment Fund, Inc. are deductible to the full extent allowable under the Internal Revenue Code section 501c3. The Tax ID# of Lotus Endowment Fund, Inc. is 92-0233563. A copy of the official registration and financial information (#CH26128) filed with the State of Florida may be obtained from the Division of Consumer Services by calling toll free 800-436-7352 within the state. Registration does not imply endorsement, approval or recommendation by the state.



**Endow Life Changing Supportive Services** 





A GIFT OF LOVE

